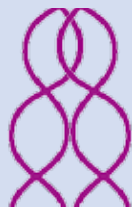




**Contraception: from molecular  
biology to social science and politics  
Basel, Switzerland  
4-7 May 2016**



**14<sup>th</sup> Congress - 2<sup>nd</sup> Global Conference  
of the European Society of  
Contraception and Reproductive Health**  
**[www.escrh.eu/events/esc-events/2016](http://www.escrh.eu/events/esc-events/2016)**

**Second announcement**

## Dates to remember

15 March 2016	Second deadline for early registration fee
4 May 2016	Pre-congress courses and workshops
4 May 2016	Opening ceremony and welcome reception
4–7 May 2016	Congress days
5 May 2016	ESC General Assembly
6 May 2016	Congress dinner



## Welcome

Grüezi Alle mitenand – A warm welcome to Basel to all of you

The title of the congress 'Contraception: from molecular biology to social science and politics' is not only that of our programme, it is also a promise and a challenge. Our wish is to respond to the multi-dimensional aspects of contraception and reproductive health in general because we firmly believe that one of the most important contributing factors to women's health is the right for all women everywhere on this globe:

- to decide when to have a child and how many children to have, by accessing contraceptive methods that meet their needs;
- to have a safe and protected pregnancy and delivery by accessing adequate obstetric care;
- to enjoy their sexual life and be protected from violence and abuse by secure sexual rights for women and access to sexual health care.

To make this dream come true, professionals of very different and distinct specialties must work together, exchange ideas, discuss and take action. This congress will provide the opportunity to create and maintain multidisciplinary networks between individuals, organisations and continents.

Basel is a small but very cosmopolitan city in the heart of Europe at the border of three countries. You will find it has international flair, an impressive Old Town along the banks of the river Rhine, and many museums and places of historical interest, including a very old university. There are also many small pubs, brasseries and gourmet restaurants in which to enjoy the excellent food of the region. If you have one or two days' free time, famous tourist spots such as the Black Forest in Germany, the Vosges in France and, of course, the Swiss lakes and mountains are nearby and easily accessible.

We look forward to welcoming you to Basel in May 2016.

Best wishes

Johannes Bitzer, Congress President



## Contact and organisation

### Congress President

Johannes Bitzer

### Congress Secretariat

ESC Central Office • Opalfeneweg 3 • 1740 Ternat • Belgium  
T +32 2 582 08 52 • F +32 2 582 55 15 • congress@escrh.eu

### Congress website

[www.escrh.eu/events/esc-events/2016](http://www.escrh.eu/events/esc-events/2016)

### Sponsorship

Please contact: Ms Ria Maes • ESC Central Office • Orga-Med Congress Office •  
Opalfeneweg 3 • 1740 Ternat • Belgium • T +32 2 582 08 52 • [ria.maes@escrh.eu](mailto:ria.maes@escrh.eu)

### Congress venue

Congress Center Basel • Messeplatz 21 • 4058 Basel • Switzerland  
T +41 58 206 28 54 • F +41 58 206 21 85 • [www.congress.ch](http://www.congress.ch)

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### Hosting societies

Swiss Society of Obstetrics and Gynecology (SGGG)  
Swiss Society of Reproductive Medicine (SGRM)

## Practical information

### Opening hours of the registration desk

- Wednesday 4 May: 12:00–18:00
- Thursday 5 May: 08:00–18:00
- Friday 6 May: 08:30–16:00
- Saturday 7 May: 08:30–12:00

### CME credits

The congress is designated a maximum of 15 European CME credits (EACCME).

### Letter of invitation

The congress organisation will be pleased to send a formal letter of invitation to delegates requesting one for visa purposes. You can apply for an invitation letter online during the registration process on the congress website. The letter will be sent as an email attachment.

### Currency

Please note that Switzerland remains with the Swiss franc, usually indicated as CHF. While Switzerland is not part of the European Union and thus is not obliged to convert to the euro, many prices are nonetheless indicated in euro so that visitors may compare prices. Merchants may accept euro but are not obliged to do so. Change given back to the client will most likely be in Swiss francs.



### Insurance liability

ESC does not accept liability for individual medical, travel or personal insurance, and participants are strongly advised to take out their own personal insurance policies in their country of origin.

### Electricity

The electric current used throughout Switzerland is 230 volts AC, 50 cycles (continental European standard). Wall outlets are unique to Switzerland, however. There is limited compatibility with plugs from other countries.

### Conference language

The conference language is English.  
No simultaneous translation will be provided.

## Climate

The climate is moderate with no excessive heat, cold or humidity. In spring, the daytime temperature range is 8–15°C (46–59°F).

## Tipping

You never have to worry about tipping in Switzerland, as tips are included in the price. You can, however, add a smile to the face of someone who has provided good service by rounding up to the nearest franc or round figure.

## Local time

Switzerland is part of the Central European Time Zone (CET) +1.





## Travel

Basel is so easy to get to. Only a 10-minute drive from the city centre, Basel's EuroAirport is served by a number of international airlines. Together with neighbouring Zürich airport, it enjoys connections to all European airports and to more than 200 intercontinental destinations.

Located in the centre of Europe, Basel is a major transportation hub. Its three railway stations not only offer excellent national and international connections but are also all situated in the very heart of the city.

### By car

Basel is located close to major European motorways running both north–south and east–west and is therefore easy to reach from all directions. If you are using the Swiss motorway network, you will require a vignette, which is available to buy at all customs offices, post offices, petrol stations, garages, department of transport offices and Basel tourist offices for CHF 40. Once you have arrived in the city there are more than 4,000 parking spaces for you to use in Basel's car parks, whether in the city centre or at the St Jakob-Park stadium. Furthermore, most hotels have good parking facilities.

### By plane

Just 10 minutes' drive from the city centre and well served by buses, the EuroAirport boasts more than 90 direct flights within Europe and to North Africa, Canada and Russia. All other destinations can be reached via intercontinental hubs or nearby Zürich airport. EuroAirport Basel–Mulhouse–Freiburg is jointly operated by France and Switzerland. There is a direct train every hour from Zürich airport to Basel. Train time table: [www.sbb.ch/en/timetable.html](http://www.sbb.ch/en/timetable.html)

### By train

All of Basel's stations are frequented several times each day by trains arriving either from within Switzerland or abroad. Trains from France arrive at the French railway station (SNCF), which is located directly beside the Swiss railway station (SBB). Trains from Germany arrive either at the Swiss railway station (SBB) or at the Badische Bahnhof, which is operated by German Rail (DB) and is located close to the trade fair centre. Train time table: [www.sbb.ch/en/timetable.html](http://www.sbb.ch/en/timetable.html)

### Mobility ticket

Each guest staying in Basel receives a free mobility ticket when checking in. This allows free use of public transport in the city of Basel and its environs (zones 10, 11, 13 and 15, including EuroAirport) for the entire duration of the stay (max. 30 days).

Reservation confirmation is valid for the use of public transport (2nd class) from EuroAirport or from the Basel rail stations (zones 10 and 13/EuroAirport) to the hotel on the day of arrival.

The congress venue enjoys a downtown location, travel times are short, and the historic Old Town, the shopping areas and the many museums and parks can be reached comfortably on foot or in a few minutes by public transport.



## About Basel



Basel is Switzerland's oldest university city. Historic landmarks include the large market square with its richly decorated red sandstone town hall and the late Romanesque–Gothic cathedral. During a walk through the Old Town, past small boutiques, antique book shops and modern design outlets, a visit to the 'Läckerli Huus' to try the traditional Basel honey cake is well worthwhile. Basel is tradition-conscious and open-minded at the same time, a fact borne out by several modern buildings designed by renowned architects such as Herzog & de Meuron, Mario Botta, Diener & Diener and Richard Meier.

With almost 40 museums, Basel has the highest density of museums in the country. Internationally known museums, such as the Basel Art Museum, a museum devoted to the iron sculptor Jean Tinguely, the Beyeler Foundation and the Museum of Cultures attract a great many visitors, as do the many galleries and playhouses.

Basel is among other things home to a symphony orchestra and a chamber orchestra as well as a musical theatre featuring international productions. A wide range of classical and contemporary productions are shown on the stages of Basel's theatre and playhouse.



Basel is a green city. The Botanical Gardens, several parks and the banks of the Rhine are perfect places to relax and linger for a while. And the Etosha house at the zoo offers spectacular insights into the Namibian savannah.

At nearby Augusta Raurica, near Augst, impressive ruins and a great many finds bear testimony to the busy lives of the Romans in the region in the past. The charming countryside of the Basel region with its many cherry trees in spring boasts a particularly beautiful display of blooms. Germany and France, the Black Forest and Vosges mountains are only a stone's throw away from the border city of Basel.





## Social programme

Wednesday 4 May 2016 • 18:00-20:30

### Opening ceremony and welcome reception

All participants are warmly invited to join us for the opening ceremony. It will be an entertaining and eventful introduction to the congress. After the opening ceremony, we invite our delegates to attend the welcome reception. Attendance at the opening ceremony and welcome reception are complimentary for registered participants.

Friday 6 May 2016 • Congress dinner • 19:30

The 14th ESC Congress will not only be about science but also about having a good time. Sign up for this event and enjoy a fantastic evening in the company of your friends and colleagues at the Congress Center Basel.

Dress code: business casual

Included in the fee for the congress dinner:

- Pre-dinner drink, wine, water and coffee during dinner
- Starter, main dish, dessert
- Dancing area

Saturday 7 May 2016 • 12:00-12:45

### Closing and award ceremony

The closing and award ceremony will be held after the last session of the congress. During this ceremony, presentations will be made to the award winners. At the end of the ceremony we will say goodbye to Switzerland and welcome the country hosting the next congress: Hungary.

## Scientific programme

The Scientific Committee has put together a high-standard, well-balanced scientific programme, offering current topics and excellent speakers. The theme of the congress is 'Contraception: from molecular biology to social science and politics'.

- Keynote lectures and keynote sessions are plenary sessions. Leading experts will present specific subjects.
- Congress sessions: in each of these sessions, experts will provide up to date information on a particular topic.
- Symposia will be the platform for the pharmaceutical companies.
- Workshops are meant as interactive sessions, introduced by experts in the field and followed by a discussion with the audience.
- Debates are meant as interactive sessions, introduced by two experts in the field (pro/con) and followed by an in-depth discussion with the audience.
- Expert group sessions are organised by the ESC expert groups and will cover their area of interest.
- Free communication sessions: a selection of the submitted free communications will be scheduled into separate free communication sessions.
- Poster presentations are chosen from the submitted abstracts and will carry equivalent scientific status to free communications in the programme.
- A Young Scientist session aims to provide a special platform for paper presentations by young scientists. The session is primarily targeted at fellows and PhD students, and the only inclusion criterion is age < 35 years at the time of the congress.
- Joint society sessions will discuss a specific item within their area of interest.

## Abbreviations

- APCOC: Asia-Pacific Council on Contraception
- CIC: Confederación Iberoamericana de Contracepción
- DGGEF: German/Austrian/Swiss Gynaecological Endocrinology Group
- EBCOG: European Board and College of Obstetrics and Gynaecology
- ECEC: European Consortium for Emergency Contraception
- ESSM: European Society for Sexual Medicine
- FIAPAC: International Federation of Professional Abortion and Contraception Associates
- FIGO: International Federation of Gynecology and Obstetrics
- FSRH: Faculty of Sexual and Reproductive Healthcare
- ICMC: International Consortium for Male Contraception
- IPPF: International Planned Parenthood Federation
- ISPOG: International Society of Psychosomatic Obstetrics and Gynaecology
- MJCSM: Multidisciplinary Joint Committee of Sexual Medicine
- SEG: European Society of Gynecology
- UNFPA: United Nations Population Fund
- WHO: World Health Organization

## Pre-congress workshops

### Date and location

Wednesday 4 May 2016, Congress Center Basel

### Registration needed!

If you are interested in attending one of the pre-congress workshops, please indicate this on the congress registration form. All workshops are in parallel – you can only register for one workshop.

### Registration fee

- 25 euro if combined with congress registration
  - 40 euro if workshop registration only (without attending the congress)
- 

### Workshop 1 (15:30–17:30) • Basic training session on contraception for doctors, midwives and nurses • maximum 30 participants

*Moderators: S. Randall (UK) - M. Kishen (UK) - S. Mehigan (UK) - P. Baraitser (UK)*

This interactive workshop is aimed at doctors, midwives and nurses working in contraception and sexual health. Using a mixture of lectures, case scenarios and games, you will cover the following topics at a basic level:

1. Principles of contraceptive counselling and choice:  
GATHER – Greet, Ask, Tell, Help, Explain, Return
2. Overview of contraceptive methods, including hormonal, non-hormonal, long-acting reversible contraceptives (LARCs) and emergency contraception
3. Medical Eligibility Criteria (MEC) and a case-based approach to learning to use the MEC wheel
4. General discussion and question time

The importance of taking into consideration a sexual history will be discussed, but sexually transmitted infections will not be covered in this session. You will be provided with a list of useful websites and a book list. We hope that you will share your acquired knowledge with your colleagues at home.

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### Workshop 2 (15:30–17:30) • Hands-on IUDs and implants maximum 40 participants

*Moderators: R. Beerthuis (the Netherlands) – B. Frey Tirri (Switzerland)*

Long-acting reversible contraceptives (LARCs), such as hormonal implants, intra-

uterine hormone-releasing systems (IUS) and copper-containing intrauterine devices (IUDs), are at least as effective as sterilisation. It is therefore important to be familiar with the techniques to be able to apply the different methods if chosen as a method of preference by the patient.

After a short introduction about the different methods, the timing of implantation or insertion, the necessary preparation of the patient, the equipment needed for implantation or insertion, and pitfalls to face during implantation or insertion, individual training on models starts. Insertion of an IUD, an IUS, a hormonal implant or a copper implant may occur at any time during the menstrual cycle as long as pregnancy may be reasonably excluded. For practical reasons it is recommended to insert between days 3 and 5 of the menstrual cycle, as there is less discomfort because of ongoing menstruation and pregnancy can be excluded.

During this interactive workshop, subdermal implantation of the Implanon NXT® will be taught using the new insertion system. The home uterine trainer (HUT®) will be presented to practise insertion of the intrauterine copper implant Gynefix®. For the Mirena®/Jaydess® IUS a special insertion procedure has been developed for correct placement of the device. Most modern copper IUDs are inserted using the push-in technique. After this training session you will be capable of applying all these techniques in your surgery.

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### Workshop 3 (15:30–17:30) • Sexual history-taking – from theory to practice maximum 25 participants

*Organised by the ESC Expert Group on Sexual Medicine and Sexuality Education  
Moderators: D. Apter (Finland), L. Erofeeva (Russia), G. Grandi (Italy), O. Kapella (Austria), U. Sauer (UK), K. Sedlecky (Serbia), C. Winkelmann (Germany)*

The workshop will aim at strengthening the communication skills of health service providers. Open communication and a tolerant and accepting attitude are crucial to learn about a client and his/her specific health issues and offer appropriate care and counselling. The workshop will introduce different concepts of sexual history-taking, e.g. the 2013 guidelines of the British Association for Sexual Health and HIV (BASHH). Participants will have a chance to discuss the central elements of sexual history-taking that are most relevant to their daily practice. Role-play in small groups will give a chance to practise communication skills and, in particular, sexual history-taking skills. Feedback will be provided so that skills can further be improved.

Programme:

- Welcome, short round of introduction
- Small buzz groups – is sexual history-taking routine in your country, and, if yes, in which clinical/non-clinical setting?

- Presentation of the principles of sexual history-taking
  - Discussion of the most important elements
  - Role-play: groups of three to four people (one client, one service provider, one to two observers)
  - Discussion of role-play in the group
  - Feedback round
- 

**Workshop 4 (15:30–17:30) • Kontrazeptionberatung: ein Workshop für nicht-ärztliche Berater/innen – nurses and midwives  
maximum 30 participants • in German!**

*Moderators: G. Merki (Switzerland) - R. Draths (Switzerland) - K. Schaudig (Switzerland)*

- What should not be forgotten when taking a patient's history
  - Repetition of contraindications and benefits of hormonal contraception and IUDs
  - Important aspects in the counselling of adolescents
  - Counselling in women aged 35 and above
  - Counselling disabled women
- 

**Workshop 5 (15:00–17:30) • How to organise and publish a study  
maximum 60 participants**

*Moderators: J.J. Amy (Belgium) - I. Lete Lasa (Spain)*

Programme:

- Epidemiological studies • T. Delvaux (Belgium)
  - Clinical trials • Khalid Khan (UK)
  - Systematic reviews • F. Helmerhorst (the Netherlands)
  - Writing the paper and getting it published • M. Larsson (Sweden)
  - Discussion
  - Test
- 

**Workshop 6 (15:30–17:30) • Abortion – manual vacuum aspiration  
maximum 20 participants**

*Organised by the ESC Expert Group on Abortion with support from WomanCare Global*

*Coordinators: S. Searle (UK) – O. Ohizua (UK) – P. Lohr (UK)*

This is a hands-on workshop intended for those who would like to extend their skills to manual vacuum aspiration (MVA). There will be a chance to practise using a syringe and cannula on a simulated uterus (papaya). By the end of this workshop participants will have learnt how to fit together and operate the necessary equipment, gained knowledge of appropriate pain relief, learnt how to safely undertake MVA of uterine contents and learnt how to provide support for the patient.

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#### **Workshop 7 (15:30–17:30 • Medical abortion • maximum 60 participants)**

*Organised by the ESC Expert Group on Abortion*

*Coordinator: S. Rowlands (UK)*

15:30–16:30 Early medical abortion • T. Bombas (Portugal)

16:30–17:30 Medical abortion after 9 weeks • H. Kopp Kallner (Sweden)

This workshop is designed to familiarise clinicians with the management of medical abortion. Because of the practical issue that medical abortion after 9 weeks needs different regimens, the workshop is split into two parts, the first up to 9 weeks' gestation and the second after 9 weeks' gestation.

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#### **Workshop 8 (15:30–17:30) • How to prevent and minimise contraceptive failure – the psychosomatic perspective and approach • maximum 20 participants**

*Organised by ISPOG*

*Coordinators: Sibil Tschudin (Switzerland) – Heather Rowe (Australia)*

Increased availability of effective contraceptives has led to a remarkable reduction in abortion rates in most European countries over recent decades. However, contraception is still often not used or incorrectly used, and results in unwanted pregnancy and consequently in abortion. Some risk factors for contraceptive failure have been identified, especially for repeat abortion, but to date – aside from LARCs – no convincing preventive strategy is available. Individually adapted counselling, with the necessary communicative skills, geared at motivating women and couples to adhere to their contraceptive method, might nevertheless have an impact.

The workshop will start with an overview of available research data, followed by suggestions for helpful communicative techniques, such as motivational counselling. The workshop will then focus on practical applications. On the basis of case examples, participants will have the opportunity to practise and discuss counselling strategies. Participants are also invited to bring along their own cases and questions.

## Wednesday 4 May 2016

15:30-17:30	Pre-congress workshops (more details page 14)
18:00-19:30	Opening ceremony

## Thursday 5 May 2016

	Room A	Room B
08:30-09:00	Keynote lecture Molecular biology and advanced technology for contraception	
09:00-10:00	Keynote session New developments	Congress session Demography
10:00-10:30	Break and poster viewing	
10:30-12:00	Sponsored symposium	Congress session Contraception in high-risk patients
12:15-13:45 LUNCHTIME	Sponsored symposium	Workshop Sexual and reproductive health of adolescents, a global challenge
13:45-15:15	Congress session Contraception and behavioural science	Joint session ESC and Population Council
15:15-15:45	Break and poster viewing	
15:45-17:15	Sponsored symposium	Congress session Cardiovascular risks of hormonal contraception
17:15-18:15	ESC General Assembly (members only)	



Room C	Room D	Room E
<b>Congress session</b> Vulnerable groups	<b>Joint session</b> ESC and SEG	<b>Joint session</b> ESC, Russian Society of Contraception and Russian Association for Population and Development
<b>Expert group session</b> Sexual education for different target groups	<b>Congress session</b> New molecules, applications (and regimens)	<b>Expert group session</b> Non-hormonal methods of contraception
<b>Debate (12:45 - 13:45)</b> Contraception and the media	<b>Workshop</b> Contraceptive behaviour change: what, who and how?	<b>Joint session</b> ESC and ESSM
<b>Sponsored symposium</b>	<b>Expert group session</b> Future of hormonal and molecular contraception	<b>Free communication session 1</b>
<b>Joint session</b> ESC, IPPF and WHO Quality of SRH care	<b>Joint session</b> ESC, CIC and APCOC	<b>Free communication session 2</b>

## Friday 6 May 2016

	Room A	Room B
08:30-09:00	Keynote lecture Sexual and reproductive rights	
09:00-10:00	Keynote session Activities on sexual and reproductive health in European Union institutions	Joint session ESC and FSRH
10:00-10:30	Break and poster viewing	
10:30-12:00	Sponsored symposium	Congress session Violence against women
12:15-13:45 LUNCHTIME	Sponsored symposium	ICMC meeting Men and contraception
13:45-15:15	Congress session Gaps and limitations of contraceptive research	Expert group session Abortion
15:15-15:45	Break and poster viewing	
15:45-17:15	Sponsored symposium	Congress session Preventive potential of contraceptive practice
17:15-18:15	Debate IUS/IUD in nulliparas and adolescents	Sponsored Symposium

## Saturday 7 May 2016

08:30-09:00	Keynote lecture: The history of syphilis – lessons learned?
09:00-10:00	Congress session Contraception and the treatment of medical disorders
10:00-10:30	Break
10:30-11:30	ESC-granted projects
11:30-12:00	Congress take-home messages
12:00-12:45	Closing session



Room C	Room D	Room E
Joint session ESC and USA	Joint session ESC and EBCOG	Joint session ESC and FIAPAC
Joint session ESC, FIGO and UNFPA	Joint session ESC and WHO	Free communication session 3
Meet the experts Myths and misconceptions	Meet the experts Management of side effects (practical session)	Meet the experts History of birth control
Congress session Multidisciplinary provision of care, task sharing	Joint session ESC and DGGEF	Free communication session 4
Joint session ESC and ECEC Emergency Contraception	Joint session ESC and ISPOG	Free communication session 5 Young Scientist session
Congress session Modern society and STI	Joint session ESC and Francophone Society of Contraception	Best poster session

## Wednesday 4 May 2016

### 15:30-17:30 Pre-congress workshops (more details page 14)

1. Basic training session on contraception – doctors, midwives & nurses
2. Hands-on IUDs and implants
3. Sexual history-taking – from theory to practice
4. Kontrazeptionberatung: ein Workshop für nichtärztliche Berater/innen – nurses and midwives (in German)
5. How to organise and publish a study (15:00-17:30)
6. Abortion – manual vacuum aspiration
7. Medical abortion
8. How to prevent and minimise contraceptive failure – the psychosomatic perspective and approach

### 18:00-19:30 Opening ceremony/welcome address/medal ceremony

### 19:30-20:30 Welcome reception

## Thursday 5 May 2016

### 08:30-09:00 Keynote lecture

*Chairs: K. Gemzell Danielsson (Sweden) – D. Ehm (Switzerland)*

#### Molecular biology and advanced technology for contraception

- R. Sitruk-Ware (USA)

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### 09:00-10:00 Keynote session: New developments

*Chair: F. Palma (Portugal)*

- Endometrial contraception • K. Gemzell Danielsson (Sweden)
- Green contraception • D. Blithe (USA)
- Permanent non-surgical contraceptive methods for women • J. Jensen (USA)

### 09:00-10:00 Congress session: Demography

*Chairs: K. Schiessl (Switzerland) – D. Seidman (Israel)*

- Demographic trends in Europe relative to contraceptive use • D. Archer (USA)
- The Romania example: Does access to effective contraception and safe abortion influence demography? • M. Horga (Romania)
- Family policies and trends in parenthood and contraception in Switzerland • E. Zemp (Switzerland)

09:00-10:00 Congress Session: Vulnerable groups

*Chairs: M. Kishen (UK) – K. Sedlecky (Serbia)*

- Gaps in reproductive and maternal health: the challenge of inequality • R. Schiavon (Mexico)
- Unsafe abortion in Thailand • K. Chaturachinda (Thailand)
- Reproductive health care for asylum-seeking women • S. Tschudin (Switzerland)
- Reproductive health in young Mexican women • J. Lira (Mexico)

09:00-10:00 Joint session: ESC and SEG

*Chairs: A. Genazzani (Italy) – D. Serfaty (France)*

- Evolution of estrogenic component in contraceptive pills and its consequences • S. Christin-Maître (France)
- Androgen-restored contraception • X.Y. Zimmerman (the Netherlands)
- The fetal estrogen estetrol (E4) and the breast • G. Merki (Switzerland)

09:00-10:00 Joint session: ESC, Russian Society of Contraception and Russian Association for Population and Development

*Chairs: V. Prilepskaya (Russia) – L. Erofeeva (Russia)*

- Reducing unwanted pregnancies and abortions: contraceptive preferences among Russian women and the role of Ob/Gyns in exercising women's "informed choice" • V. Prilepskaya (Russia)
- The results of the RAPD project "Strengthening reproductive health and effective emergency prevention of unwanted pregnancies among certain (vulnerable) groups of the population in three regions of the Russian Federation" (2014 - 2015) • L. Erofeeva (Russia)
- Prospects for the use of emergency contraception in Russia: advocacy, training of doctors and information campaigns for the population • O. Volkova (Russia)

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10:00-10:30 Break and poster viewing

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10:30-12:00 Sponsored symposium

- 10:30-12:00 **Congress session: Contraception in high-risk patients**  
*Chairs: G. Merki (Switzerland) – B. Pinter (Slovenia)*
- Contraception in HIV-positive women • B. Zilaitiene (Lithuania)
  - Contraception in women with headaches and migraine • A. MacGregor (UK)
  - Contraception in BRCA1/BRCA2-positive women • G. Merki (Switzerland)
  - Contraception and PCO • O. Lidegaard (Denmark)
- 10:30-12:00 **ESC expert group session: Sexual education for different target groups**  
*Moderators: K. Sedlecky (Serbia) – D. Apter (Finland)*
- Young people with intellectual disabilities and sexuality education • C. Löfgren-Martenson (Sweden)
  - Sexuality education for migrants • C. Winkelmann (Germany)
  - Fishbowl discussion on sexuality education and its target groups – gaps/progress/challenges • O. Kapella (Austria)
- 10:30-12:00 **Congress session: New molecules, applications (and regimens)**  
*Chairs: F. Roumen (the Netherlands) – S. Cameron (UK)*
- Estradiol • A. Mueck (Germany)
  - Selective progesterone receptor modulators (SPRM) • K. Gemzell Danielsson (Sweden)
  - Continuous regimen • C. Guazzelli (Brazil)
  - Estetrol • J.M. Foidart (Belgium)
  - E4 and the breast • C. Verhoeven (the Netherlands)
- 10:30-12:00 **ESC expert group session: Non-hormonal methods of contraception**  
*Chairs: D. Lazaris (Greece) – J.J. Amy (Belgium)*
- Use of fertility awareness methods: information from the internet and social media • P. Frank-Hermann (Germany)
  - Female sterilisation: a thing of the past?  
 Pro • M. Merckx (Belgium)  
 Con • A. Ber (Israel)
  - The cost-effectiveness ratio of contraceptive methods in the European Union • M. Farris (Italy) • D. Michielsen (Belgium)
- 

12:00-13:45 **Lunch**

12:15-13:45 **Sponsored symposium**

12:15-13:45 **Workshop: Sexual and reproductive health of adolescents, a global challenge**

*Chairs: H. Karro (Estonia) – M. Wahba (Egypt)*

- Integrating adolescent sexual health in primary care • E. Ketting (the Netherlands)
- Cost-effectiveness of youth-friendly SR health services • J. Kempers (the Netherlands)
- Youth-friendly clinics in Estonia – association with contraceptive use • K. Part (Estonia)
- Adolescent contraception and sexually transmitted diseases • G. Creatsas (Greece)

12:45-13:45 **Debate**

*Chairs: L. Vicente (Portugal) – P. Van Look (Switzerland)*

**Contraception and the media**

- S. Cameron (UK) • W. Shields (USA) • A. Faúndes (Brazil)

12:15-13:45 **Workshop: Contraceptive behaviour change: what, who and how?**

*Chairs: C. Picavet (the Netherlands) – M. Larsson (Sweden)*

- Problematic contraceptive behaviour throughout the contraceptive cycle • C. Picavet (the Netherlands)
- Theory and intervention: What works to improve compliance and continuation • K. Sedlecky (Serbia)
- Intervention mapping: the sexuality education programme 'Long Live Love' • F. Mevissen (the Netherlands)
- Intervention to improve compliance among new OCP users • audience discussion

12:15-13:45 **Joint session: ESC and ESSM**

*Chairs: B. Frey-Tirri (Switzerland) – S. Weyers (Belgium)*

- The ESSM educational activities and MJCSM exam  
The importance of gynaecologists • C. Reisman (the Netherlands)
- Hypersexuality. What gynaecologists should know • F. Tripodi (Italy)
- Testosterone male hormone, female hormone, or important for both? • G. Sartorius (Switzerland)

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13:45-15:15 **Congress session: Contraception and behavioural science**

*Chair: M. Yaron (Switzerland)*

- Contraception as a behaviour: models of understanding • J. Bitzer (Switzerland)
- Compliance – blame the women? • A. Kubba (UK)
- Motivational interviewing • A. Kiss (Switzerland)

- 13:45-15:15 Joint session: ESC and Population Council: Future user-controlled methods of contraception  
*Chairs: P. Bouchard (France) - R. Sitruk-Ware (USA)*
- Impact of family planning research on decrease in maternal mortality • J. Townsend (USA)
  - Vaginal rings as user-controlled methods • G. Creasy (USA)
  - Contraception during lactation • R. Merkatz (USA)
  - New developments in female contraception • T. Rabe (Germany)
- 13:45-15:15 Sponsored symposium
- 13:45-15:15 ESC expert group session: Future of hormonal and molecular contraception  
*Chairs: A. Gompel (France) – I. Streuli (Switzerland)*
- New hormonal methods: recent and on the horizon • Z. Haider (UK)
  - New concepts: quick-starting hormonal contraception after oral emergency contraception • A. Glasier (UK)
  - New controversies: hormonal contraception and venous/arterial thromboembolism • A. Cagnacci (Italy)
- 13:45-15:15 Free communication session 1  
*Chair: B. Zilaitiene (Lithuania)*
- 
- 15:15-15:45 Break
- 
- 15:45-17:15 Sponsored symposium
- 15:45-17:15 Congress session: Cardiovascular risks of hormonal contraception  
*Chairs: Xiangyan Ruan (China) – A.O. Mueck (Germany)*
- Hormonal contraception and venous thromboembolism • S.O. Skouby (Denmark)
  - Hormonal contraception and stroke • M. Birkhäuser (Switzerland)
  - Hormonal contraception and myocardial infarction • J. Stevenson (UK)
  - Can non-oral E2 plus progestin definitively solve the cardiovascular problems? • A.O. Mueck (Germany)
- 15:45-17:15 Joint session: ESC, IPPF and WHO: Quality of SRH care  
*Chair: C. Coll (Spain)*
- Dilemmas in sexual and reproductive health care in Central Europe • J. Annus (Hungary)

- Challenges to good contraceptive care in China • L. Cheng (China)
- Quality of contraceptive care across Europe • L. Luyckfasseel (IPPF)
- Quality of contraceptive counselling and care – the WHO perspective • P. Steyn (WHO)

#### 15:45-17:15 Joint session: ESC, CIC and APCOC: How to deal with illegal abortion?

*Chairs: M. Do Céu Almeida (Portugal, CIC/ESC) – M. Angeles Gomez (Spain, CIC/ESC)*

- Impact of illegal abortion on maternal mortality • L. Bahamondes (Brazil)
- The Asian perspective on how to deal with illegal abortion by promoting contraception • J. Hassan (Malaysia, APCOC)
- Dealing with the barriers to access to abortion • R. Lertxundi Barañano (Spain, ESC)
- Legalisation of abortion: a window of opportunity for contraception • T. Bombas (Portugal, CIC)

#### 15:45-17:15 Free communication session 2

*Chairs: C. Di Carlo (Italy) – P. Lavin (Chile)*

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#### 17:15-18:15 General Assembly (members only)

## Friday 6 May 2016

#### 08:30-09:00 Keynote lecture

*Chairs: K. Gemzell Danielsson (Sweden) – G. Lazdane (WHO)*  
**Sexual and reproductive rights** • R. Khosla (WHO)

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#### 09:00-10:00 Keynote session: Activities on sexual and reproductive health in European Union institutions

*Chairs: R. Lertxundi Barañano (Spain) – C. De Geyter (Switzerland)*

- The state of the art in EU institutions • N. Datta (European Parliamentary Forum on Population and Development)
- One way of improving the training of reproductive health in Europe • A. Templeton (UK)
- The collaboration between EBCOG and UEMS • R. Kirschner (Norway)

09:00-10:00    **Joint session: ESC and FSRH: Education**  
*Chairs: C. Wilkinson (UK) – D. Surbek (Switzerland)*

- New frontiers in education and training • A.C. Frellsen (Denmark)
- Assessment framework for knowledge and skills • J. Heathcote (UK)

09:00-10:00    **Joint session: ESC and USA: Explaining the rapid decline in teen birth rates in the USA, 1985 - 2015**  
*Moderators: P. Darney (USA) – L. Shulman (USA)*

- Changes in US and individual state teen birth rates, 1985-2015 • L. Lindberg (USA)
- State comparisons: California and Texas • J. Potter (USA)
- Interaction of US teen pregnancy, birth and abortion rates • D. Foster (USA)

09:00-10:00    **Joint session: ESC and EBCOG: Guidelines and standard of care**  
*Chairs: C. Benedetto (Italy) – M. Short (Ireland)*

- Is there a need for training in contraception across Europe? • G. Merki (Switzerland)
- Education and training in contraceptive counselling and care – the EBCOG position • C. Benedetto (Italy)
- Should contraception be part of standardised basic training for gynaecologists • A. Goverde (the Netherlands)

09:00-10:00    **Joint session: ESC and FIAPAC: The good, the bad and the ugly**  
*Chairs: S. Rowlands (UK) – T. Bombas (Portugal)*

- The good news: simplified early medical abortion • S. Cameron (UK)
- The bad news: when there are no safe abortion services • K. Gemzell Danielsson (Sweden)
- The ugly news: modern myths • C. Fiala (Austria)

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10:00-10:30    **Break and poster viewing**

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10:30-12:00    **Sponsored symposium**

10:30-12:00    **Congress session: Violence against women**  
*Chairs: M. do Céu Almeida (Portugal) – M. Angeles Gomez (Spain) – J. Abdulcadir (Switzerland)*

- Intimate partner violence: from notice to network intervention – the Portugal experience • J. Redondo (Portugal)

- Sexual violence as a war strategy in Iraq • N. Begikhani (UK)
- The reality of female genital mutilation in Europe • E. Leye (Belgium)
- From female genital mutilation to female genital reconstruction: a surgeon's approach • R. Karim (the Netherlands) • J. Dekker (the Netherlands)

#### 10:30-12:00 Joint session: ESC, FIGO and UNFPA

##### Contraception a global view

*Chairs: B. Imthurn (Switzerland) – P. Patroclou (Cyprus)*

- The role of FIGO in contraception • G. Benagiano (Italy)
- Asian challenges and solutions in contraception • V. Abalos (Philippines)
- Latin American challenges and solutions in contraception • L. Bahamondes (Brazil)
- Eastern European and Central Asian Countries • T. Kohmasuridze (UNFPA)

#### 10:30-12:00 Joint session: ESC and WHO

*Chairs: J. Kiarie (WHO) – I.M. Ramirez Polo (Spain)*

- The latest WHO guidelines in SRH • J. Kiarie (WHO)
- Possible improvements in WHO guidelines • A. Mueck (Germany)
- Implementation of WHO guidelines in the WHO European region • G. Lazdane (WHO)
- New guidelines on task shifting in abortion care • Bela Ganatra (WHO)

#### 10:30-12:00 Free communication session 3

*Chairs: A. Kapamadzija (Serbia) – V. Vanagiene (Lithuania)*

#### 12:00-13:45 Lunch

#### 12:15-13:45 Sponsored symposium

#### 12:15-13:45 ICMC meeting: Men and contraception

*Chairs: D. Serfaty (France) – D. Blithe (USA)*

- Introduction: what is the ICMC? • D. Serfaty (France)
- Men's family planning needs and their willingness to take responsibility for contraception • C. Picavet (the Netherlands)
- Hormonal male contraception: new options • C. Wang (USA)
- Promising targets for non-hormonal male contraception • R. Sitruk-Ware (USA)

- 12:15-13:45 **Meet the experts: Myths and misconceptions**  
*Moderators: M. Kishen (UK) – S. Randall (UK)*
- Hormones and cancer • A. Gompel (France)
  - LARC • P. Baraitser (UK)
- 12:15-13:45 **Meet the experts: Management of side effects (practical session)**  
*Moderators: G. Merki (Switzerland) – T. Bombas (Portugal)*
- Treatment of side effects of combined hormonal contraceptives • T. Bombas (Portugal)
  - Treatment of bleeding irregularities with Progestin-only contraceptives • I. Fraser (Australia)
  - Treatment of side effects of POC (not including bleeding irregularities) – Discussion of cases
- 12:15-13:45 **Meet the experts: History of birth control**  
*Chairs: A. Webb (UK) – G. Benagiano (Italy)*
- Infanticide • M. Oliveira da Silva (Portugal)
  - The eventful journey of RU-486 • P. Bouchard (France)
  - Birth control in the USSR 1917 - 1991 • L. Erofeeva (Russia)
- 
- 13:45-15:15 **Congress session: Gaps and limitations of contraceptive research**  
*Chairs: D. Blithe (USA) – A. Glasier (UK)*
- Contraceptive development: a mountain of cost, a chasm of interest • E. Gainer (France)
  - Developing male contraception: gap or abyss? • R. Anderson (UK)
  - Lots of opponents, very few advocates • A. Furedi (UK)
- 13:45-15:15 **ESC expert group session: Abortion**  
*Chairs: A. Jansen van Hees (the Netherlands) – V. Stepanic (Croatia)*
- Delay in presentation • R. Ingham (UK)
  - Medical versus surgical:  
 Pro • O. Heikinheimo (Finland)/Con • E. Lopez Arregui (Spain)
  - Feticide • P. Lohr (UK)
- 13:45-15:15 **Congress session: Multidisciplinary provision of care, task sharing**  
*Chairs: S. Mehigan (UK) – M. Kishen (UK)*
- What is task sharing? • M. Festin (WHO)
  - Role of mid-level providers in abortion care • H. Kopp Kallner (Sweden)
  - User perspectives • T. Belfield (UK)

13:45-15:15 Joint Session: ESC and DGGEF

*Chair and moderator: M. Birkhäuser (Switzerland) – B. Imthurn (Switzerland)*

- New developments in contraception • T. Rabe (Germany)
- Revival of POPS • A. Schindler (Germany)
- LARCs- the Austrian view • C. Egarter (Austria)
- Contraception in special situations • L. Wildt (Austria)

13:45-15:15 Free communication session 4

*Chairs: M. Lech (Poland) – N. Salakos (Greece)*

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15:15-15:45 Break

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15:45-17:15 Sponsored symposium

15:45-17:15 Congress session: Preventive potential of contraceptive practice

*Chairs: D. Shaw (Switzerland) – A. Guttinger (UK)*

- The contraceptive consultation for women living with HIV – role in promoting women's health and wellbeing as well as reducing mother to child transmission of HIV • F. Fergie (UK)
- Alcohol use identification and brief intervention in the sexual health setting – evidence and challenges • S. Mann (UK)
- Role of HPV vaccination, cytology screening and colposcopy in modern Europe – what can the contraceptive provider contribute? • E. Crighton (UK)

15:45-17:15 Joint session: ESC and ECEC: emergency contraception – Panel discussion

*Chairs: C. Puig (ECEC) – S. Steimann (Switzerland)*

- Update on EC methods and mechanism of action • R. Li (Hong Kong)
- EC provision as an opportunity for contraceptive counselling • T. Bombas (Portugal)
- What should we advise obese women and women who want to quick-start hormonal contraception? • A. Glasier (UK)

15:45-17:15 Joint Session: ESC and ISPOG: Sexual health over the life course – the bio-psycho-social perspective

*Chairs: S. Tschudin (Switzerland) – H. Rowe (Australia)*

- Sexual health care for adolescents • S. Renteria (Switzerland)
- Sexual health beyond the reproductive lifespan • R. Nappi (Italy)
- Sexual health of couples • A. Giralaldi (Denmark)

15:45-17:15 Free communication session 5  
Young scientist session  
*Chairs: E. Arisi (Italy) – C. Birladeanu (Romania)*

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17:15-18:15 Debate: IUS/IUD in nulliparas and adolescents  
*Chairs: R. Beerthuizen (the Netherlands) – I. Fraser (Australia)*  
Pro • G. Bartfai (Hungary)/Con • D. Mansour (UK)

- Audience questions and discussion
- Summing up
- Audience vote

17:15-18:15 Sponsored symposium

17:15-18:15 Congress session: Modern society and STI  
Organised by the Expert Group on STI  
*Chairs: P. Greenhouse (UK) – M. Deligeoroglou (Greece)*

- Attitude of patients to screening and vaccines • P. Horner (UK)
- Role of molecular biology in the diagnosis of genital infections • G. Donders (Belgium)
- Partner tracing, notification and treatment: how? • I. Blidaru (Romania)

17:15-18:15 Joint session (in French): ESC and Francophone Society of Contraception  
*Chairs: B. Thiéba-Bonane (Burkina-Faso) – M. Nayama (Niger) – D. Serfaty (France) – H. Chelli (Tunisie)*

- DIUs avec extension: le pour et le contre • D. Serfaty (France)
- Particularités de la contraception chez les femmes VIH + • J.J. Amy (Belgique)
- DIU-PP (DIU dans le post-partum immédiat) • Y. Hyjazi (Guinée)

17:15-18:15 Best poster session  
*Chairs: S. Özalp (Turkey) – D. Pavicic Baldani (Croatia)*

## Saturday 7 May 2016

08:30-09:00    Keynote lecture  
The history of syphilis – lessons learned?  
J.J. Amy (Belgium)

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09:00-10:00    Congress session: Contraception and the treatment of medical disorders

*Chairs: K. Haldre (Estonia) – S. Skouby (Denmark)*

- PCOS: intervention according to phenotypes and co-morbidity • S. Skouby (Denmark)
  - Contraception in women with cardiac malformations • M. Greutmann (Switzerland)
  - Steroids and endometrial health • D. Wunder (Switzerland)
  - Endometriosis • T. Römer (Germany)
- 

10:00-10:30    Break

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10:30-11:30    ESC-granted projects

*Chairs: E. Cengic (Bosnia and Herzegovina) – A. Dainiene (UK)*

- Contraceptive education for disabled people • D. Vilar (Portugal)
  - Criteria for contraception use and non-use and predictable factors for safe contraception use in Latvia • D. Baumanė-Auza (Latvia)
  - Stress and its influence on fertility • A. Nyman Iliadou (Sweden)
- 

11:30-12:00    Congress take-home messages

*Chairs: K. Gemzell Danielsson (Sweden) – J. Bitzer (Switzerland)*

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12:00-12:45    Closing session



## Sponsored symposia

Thursday 5 May 2016

10:30-12:00 Sponsored symposium Bayer

13:45-15:15 Sponsored symposium Teva

## Hotel accommodation

Basel Tourismus blocked rooms in all categories.

Please contact:

Ramona Debus

Basel Tourismus

Incoming Services

Aeschenvorstadt 36

4010 Basel

Switzerland

[incoming@basel.com](mailto:incoming@basel.com)

[www.basel.com](http://www.basel.com)

Tel +41 (0)61 268 68 58

Fax +41 (0)61 268 68 70

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Info: [www.escrih.eu/Hotel-accommodation](http://www.escrih.eu/Hotel-accommodation)

## Registration

### Online registration

Participants are encouraged to register through the online system, available at **[www.eschr.eu/registration-basel-2016](http://www.eschr.eu/registration-basel-2016)**

### Group registration

If you want to register more than five participants, please download and complete the group registration file from [www.eschr.eu/registration-basel-2016](http://www.eschr.eu/registration-basel-2016) and return it to [congress@eschr.eu](mailto:congress@eschr.eu)

### Registration fees

All amounts are payable in euro.

	Before 15 Jan '16	Before 15 March '16	After 15 March or on site
• ESC members	520	640	750
• Non-members	620	740	850
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Nurses, midwives, social workers, counsellors (non-MD), medical students*			
• ESC members	180	280	440
• Non-members	280	380	540
-----			
• Congress dinner/person	100	100	100
-----			
Pre-congress workshop			
• If combined with congress registration	25	25	25
• If workshop attendance only	40	40	40

\* Provide an official letter to confirm your status

### Payment

- by credit card (Mastercard, Visa)
- by bank transfer in euro (with no costs for the beneficiary)

Account name: European Society of Contraception and Reproductive Health

Bank name: ING Belgium

SWIFT code: BBRUBEBB

Account number (IBAN): BE45 3101 2639 1389

Bank address: Marktplaats 26, 1740 Ternat, Belgium

Put in reference: Your name + 14<sup>th</sup> ESC Conference

### Registration package

The registration package for participants includes:

- admission to the scientific sessions and the exhibition area
- access to the opening ceremony
- abstract book on a USB flash drive
- final programme
- certificate of attendance
- coffee and tea during breaks
- welcome cocktail

### Cancellation policy

All refunds will incur a 20% handling fee. No refunds will be made after 1 February 2016. However, another delegate may be nominated as a replacement, up to two weeks before the congress. Cancellation must be in writing (by letter, fax or email) to the Congress Secretariat. The date of the postmark or email will be used when considering a refund. All refunds will be made after the congress. Participants should state the bank details to which refunds should be made.

### Confirmation

Upon receipt of the registration form(s) with the appropriate fees, confirmation will be sent together with a receipt of payment. Once registered, registrations cannot be changed to another fee category.

### On-site registrations

While it will be possible to register on site, we do suggest that participants take advantage of the lower fee (early registration) and convenience of registering in advance.

## REGISTRATION FORM

### 14th ESC Congress - 2nd ESC Global Conference

Basel • Switzerland • 4–7 May 2016

Please return to: ESC Central Office, Orga-Med Congress Office, Opalfeneweg 3,  
1740 Ternat, Belgium • Tel +32 2 582 08 52 • Fax +32 2 582 55 15 •  
Email: congress@escrh.eu

#### Personal details

Family name/Last name:.....

First name: .....

Title: ☐ Prof Dr ☐ Dr ☐ Ms ☐ Mr

Institute: .....

Department: .....

Street and number:.....

Postal code and city: .....

Country: .....

Email: .....

#### Registration part – All payments are payable in euro

	Before 15 January '16	Before 15 March '16	After 15 March or on-site
ESC members	<input type="checkbox"/> 520	<input type="checkbox"/> 640	<input type="checkbox"/> 750
Non-members	<input type="checkbox"/> 620	<input type="checkbox"/> 740	<input type="checkbox"/> 850

Nurses, midwives, social workers, counsellors (non-MD), medical students (\*)

\* Provide an official letter to confirm your status

ESC members	<input type="checkbox"/> 180	<input type="checkbox"/> 280	<input type="checkbox"/> 440
Non-members	<input type="checkbox"/> 280	<input type="checkbox"/> 380	<input type="checkbox"/> 540

Congress dinner/person ☐ 100 ☐ 100 ☐ 100

Number of dinners:.....

Pre-congress workshop (please indicate only one, see list next page)

combined with congress fee	<input type="checkbox"/> 25	<input type="checkbox"/> 25	<input type="checkbox"/> 25
workshop attendance only	<input type="checkbox"/> 40	<input type="checkbox"/> 40	<input type="checkbox"/> 40

Total amount due in euro:.....

☐ I would like to receive an official invitation letter by email

Your name: .....

Pre-congress workshop, 4 May 2016 – limited number of participants

**(fee, see registration part – only select one)**

- ☐ Workshop 1: Basic training session on contraception for doctors, midwives and nurses
- ☐ Workshop 2: Hands-on IUDs and implants
- ☐ Workshop 3: Sexual history-taking – from theory to practice
- ☐ Workshop 4: Kontrazeptionberatung: ein Workshop für nichtärztliche Berater/innen – nurses and midwives - in German!
- ☐ Workshop 5: How to organise and publish a study
- ☐ Workshop 6: Abortion – manual vacuum aspiration
- ☐ Workshop 7: Medical abortion
- ☐ Workshop 8: How to prevent and minimise contraceptive failure - the psychosomatic perspective and approach

### Payment details

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Account name: European Society of Contraception and Reproductive Health

Bank name: ING Belgium

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## Contraception: from molecular biology to social science and politics

4-7 May 2016, Basel, Switzerland

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[www.escrh.eu/events/esc-events/2016](http://www.escrh.eu/events/esc-events/2016)

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### Hosting society



### Hosting society



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