



First global conference on contraception, reproductive and sexual health

Copenhagen, Denmark

22-25 May 2013

Organised by the European Society
of Contraception and Reproductive Health

www.escrh.eu/events/esc-events/2013



Premier Global Conference of the ESC

It is a great pleasure and honour to announce the 2013 congress of The European Society of Contraception and Reproductive Health as a global event in Copenhagen.

Please reserve the days 22-25 May 2013 in wonderful Copenhagen.

The Premier Global Conference will be unique in its kind. Previous ESC congresses have been organised every second year and belong to the most significant scientific meetings in obstetrics and gynecology. The 2013 conference will be a dynamic meeting with exciting scientific and social interactions with professionals from all over the world! Focusing on empowering of women and all aspects of sexual and reproductive health. An international Council representing professional organisations as well as individual opinion leaders will together with the ESC Scientific Committee ensure a high educational and scientific level with clear clinical translation.

The Congress has a Nordic Organizing Committee and strong support from the Nordic Ob/Gyn Societies. The city has a strong tradition for successful framing of Congresses due to excellent meeting facilities, efficient transportation and quality accommodation. It has a strong capital infrastructure covering the charming Central

Copenhagen, the Waterfront and the Örestad area with University Campus and Biotech educational and scientific environments. Careful attention will be given to the social program and activities for accompanying persons to help them and yourself enjoy the highlights of Copenhagen City and its surroundings.

Our aim through this congress is to open up new and global avenues of research and inquiry to promote sexual health care with focus also on regional differences, cultural and political diversities as well as new technologies. Pivotal aspects will be the environmental and demographic benefits of well planned training, diagnostics and therapeutics approaches to sexual reproductive health. The Congress will consist of informative sessions, interactive discussions and symposia that will be conducted by opinion leaders sharing the latest discoveries in all aspects of the field according to the ESC tradition.

We hope to have the pleasure of welcoming you at the Premier Global congress of The European Society of Contraception and Reproductive Health in Copenhagen in May 2013. All efforts are devoted to making this conference a most successful and rewarding event.

Sven O. Skouby
President of the Congress

Johannes Bitzer
President of the ESC



Congress Secretariat

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Congress venue

Bella Center
Center Boulevard 5
DK-2300 Copenhagen S, Denmark
Tel. +45 3252 8811
bc@bellacenter.dk
www.bellacenter.dk



Scientific Committee

- J. Bitzer, Switzerland - President
- S. Skouby, Denmark - Vice President
- J.J. Amy, Belgium
- D. Apter, Finland
- C. Benedetto, Italy
- T. Bombas, Portugal
- K. Gemzell, Sweden
- M. Kishen, UK
- H. Karro, Estonia
- I. Lete Lasa, Spain
- D. Lazaris, Greece
- A. Mueck, Germany
- K. Petersen, Denmark
- B. Pinter, Slovenia
- T. Rabe, Germany
- H. Satiroglu, Turkey
- R. Sitruk Ware, USA
- R. van Lunsen, the Netherlands



Past President group

- D. Serfaty (France)
- G. Greatsas (Greece)
- C. Coll (Spain)
- S. Skouby (Denmark)
- D. Cibula (Czech Republic)



Nordic Organising Committee

S.O. Skouby, Denmark (Chair)
D. Apter, Finland
K. Gemzell, Sweden
A. Hauksson, Iceland
O.E. Iversen, Norway
C. Wilken-Jensen, Denmark
J. Jespersen, Denmark
I. Milsom, Sweden
K.R. Petersen, Denmark

International Council

Societies, organisations and institutions

- Asian-Pacific Council on Contraception (APCOC)
- Association of Reproductive Health Professionals (ARHP)
- Center for Reproductive Rights
- Confederación Iberoamericana de Contracepción (CIC)
- European Board & College of Obstetrics and Gynaecology (EBCOG)
- Egon and Ann Diczfalusy Foundation
- International Federation of Professional Abortion and Contraception Associates (FIAPAC)
- Federation Internationale de Gynecologie Infantile et Juvenile (FIGIJ)
- International Consortium for Emergency Contraception (ICEC)
- International Federation of Gynecology and Obstetrics (FIGO)
- International Planned Parenthood Federation (IPPF)
- International Society for Sexual Medicine (ISSM)
- Israeli Society of Contraception and Sexual Health
- Population Council

- Portuguese Society of Contraception
- Royal College of Obstetricians and Gynaecologists – Faculty of Sexual and Reproductive Health
- Russian Association for Population and Development (RAPD)
- Russian Contraception Society
- Society of Family Planning (SFP)
- Society of European Robotic Gynaecological Surgery
- Société Francophone de Contraception (SFC)
- Spanish Society of Contraception (SEC)
- Swiss Society for Reproductive Medicine and Contraception (SGRM)
- U.S. Agency for International Development (USAID)
- World Association for Sexual Health (WAS)
- World Health Organization (WHO)

Under the patronage by Her Royal Highness Princess Mary

Under the auspices of:

Danish Society of Obstetrics and Gynecology (DSOG)

Nordic Federation of Obstetrics and Gynecology (NFOG)

Individuals

- D.F. Archer, USA
- L. Bahamondes, Brazil
- H. Croxatto, Chile
- N. de Melo, Brasil
- F. El-Kak, Lebanon
- I. Fraser, Australia
- A. Genazzani, Italy
- A. Glasier, UK
- J. Jensen, USA
- A. Kubba, UK
- P. Lavin, Chile
- D. Mansour, UK
- A. Nelson, USA
- H. Perera, Sri Lanka
- E. Pons, Uruguay
- V. Prilepskaya, Russia
- H. Rees, South Africa
- N.O. Sjöberg, Sweden
- D. Shah, India
- L. Shulman, USA
- F. Stanczyk, USA
- J. Trussell, USA
- C. Westhoff, USA



Scientific Programme

Wednesday, 22 May 2013

19:00 Opening reception & Opening of Exhibition

Thursday, 23 May 2013

| Time | Meeting Room A | Meeting Room B | Meeting Room C | Meeting Room D |
|---------------|--|--|--|-----------------------------------|
| 08:30 - 09:00 | KL01 - Keynote Lecture Globalisation of sexual & reproductive health care | | | |
| 09:00 - 10:30 | S01 - Congress Session Demography and contraception (including environment) | S02 - Congress Session Threats to sexual health of women | S03 - Congress Session Socio-cultural influences (culture, media, religion, etc.) | FC01 - Free Communication Session |
| 10:30 - 11:00 | Coffee Break & Poster Viewing | | | |
| 11:00 - 11:30 | KL02 - Keynote Lecture Commonalities and differences in contraceptive care | | | |
| 11:30 - 13:00 | S04 - Congress Session Adolescent sexual reproductive health care | S05 - Congress Session Preconceptional care including fertility | S06 - Congress Session Contraception in different phases of reproductive life | FC02 - Free Communication Session |

13:00 - 14:30 Lunch & Poster Viewing

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|---------------|------------------------|---------------------|---------------------|---------------------|
| 13:00 - 14:30 | SS01 - Sponsored Symp. | Networking Sessions | Networking Sessions | Networking Sessions |
|---------------|------------------------|---------------------|---------------------|---------------------|

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|---------------|---|--|--|--|
| 14:30 - 15:00 | KL03 - Keynote Lecture Historical highlights in contraception | | | |
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|---------------|------------------------|--|--|--|
| 15:00 - 16:00 | SS02 - Sponsored Symp. | ES01 – Educational Session Hormonal contraception | S07 - Congress Session Contraceptive, sexual and RH care for all | |
|---------------|------------------------|--|--|--|

16:00 - 16:30 Coffee Break & Poster Viewing

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|---------------|---|--|--|--------------------------------------|
| 16:30 - 18:00 | 16:30 - 17:15 D01 - Debate Hormonal contraception, is there a real progress? | S08 - Congress Session Contraception and bleeding | S09 - Congress Session RHC with limited resources | FC03 - Free Communication Session |
|---------------|---|--|--|--------------------------------------|

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|--|--|--|--|--|
| 17:15 - 18:00 D02 – Debate Can we believe epidemiologists? | | | | |
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Friday, 24 May 2013

| Time | Meeting Room A | Meeting Room B | Meeting Room C | Meeting Room D |
|---------------|--|--|--|---|
| 08:30 - 10:00 | KS01 - Keynote Session Guidelines national and/or international | | | |
| 10:00 - 10:30 | Coffee Break & Poster Viewing | | | |
| 10:30 - 12:00 | S10 - Congress Session New developments and future of contraceptive technology (incl. research) | S11 - Congress Session Contraception and cancer | S12 - Congress Session Contraception and medical conditions | FC04 - Free Communication Session |
| 12:00 - 13:30 | Lunch & Poster Viewing | | | |
| 12:00 - 13:30 | SS03 - Sponsored Symposium | | Networking Sessions | Networking Sessions |
| 13:30 - 14:00 | KL04 - Keynote Lecture Sexual health and sexual rights | | | |
| 14:00 - 15:30 | SS04 - Sponsored Symposium | | ES02 - Educational Session LARC | S13 - Congress Session Contraceptive and STI including double protection |
| 15:30 - 16:00 | Coffee Break & Poster Viewing | | | |

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|---------------|--|---|
| 16:00 - 17:00 | D03 - Debate Pill kills libido | S14 - Congress Session Contraception and HIV |
| 17:00 - 18:00 | D04 - Debate Should LARC be the first choice for women of all ages? | |

Saturday, 25 May 2013

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|---------------|--|--|---|
| 08:30 - 10:00 | KS02 - Keynote Session Teaching and quality assurance in SRH Care - a critical look at fertility regulation knowledge and information | ES03 – Educational Session Emergency contraception | |
| 10:00 - 10:30 | Coffee Break & Poster Viewing | | |
| 10:30 - 12:00 | S15 - Congress Session Prevention of unsafe abortion - a global challenge | S16 - Congress Session Sexual pleasure and sexual health | S17 - Congress Session How to provide contraceptive counselling |
| 12:00 - 13:30 | Lunch | | |
| 13:30 - 15:00 | S18 - Congress Session Family planning programmes around the world | S19 - Congress Session Role of gender (including sexual behaviour) | Best Poster Session |
| 15:00 - 15:30 | Coffee Break | | |
| 15:30 - 17:00 | Round-up of the take home messages Closing Ceremony - Congress adjourns | | |



Scientific Programme

The Scientific Committee has endeavoured to put together a high standard, well balanced scientific programme, offering current topics and excellent speakers.

- **Keynote lectures and keynote sessions** are plenary sessions. Leading experts will present specific subjects.
- **Congress sessions:** in each of these sessions, three experts will provide up to date information on a particular topic.
- **Debates:** are meant as interactive sessions, introduced by two experts in the field (pro/con) and followed by an in depth discussion with the audience.
- **Educational sessions:** will give the opportunity to participants to improve their knowledge.
- **Symposia** will be the platform for the pharmaceutical companies.
- **Free Communication sessions:** a selection of the submitted free communications will be scheduled into separate free communication sessions. Abstracts of selected free communications can be found in the Book of Abstracts.
- **Poster presentations** are chosen from the submitted abstracts and will carry equivalent scientific status to free communications in the programme.



About Copenhagen

Copenhagen is the capital and largest city of Denmark, with an urban population of 1.2 million. Traditionally associated with the Vikings, Hans Christian Andersen's Little Mermaid and Danish Design, Copenhagen ranks first among European cities in quality of life. It is also considered one of the world's most environmentally-friendly cities. With its rich history full of historical buildings and ancient streets, its outstanding museums and galleries, the uniquely enchanting Tivoli Gardens and a resident monarchy that is the oldest in the world, the Danish capital has a host of attractions to suit all tastes and it is well worth spending a few extra days.

Amalienborg palace

Amalienborg palace is considered one of the greatest works of Danish Rococo architecture and was constructed in the 1700's. It is made up of four identical buildings spread around the octagonal courtyard. This is the main residence of Her Majesty the Queen. When the flag is raised, it signals that the Queen is present.

Christiania

Christiania, the free town within the city, is without a doubt one of Denmark's most popular tourist attractions. This controversial area is loved by many, but has been a turning point for strong debate especially because of the locals relaxed view on hash and their at times quite anarchistic statements.

Tivoli Gardens

An enchanted world of exotic architecture, exquisite gardens and scenery, theatres, open air stages, restaurants, cafés, and 26 rides ranging from monstrous rides, that will twirl and spin their victims, to gentle children's rides. A visit to Tivoli is truly a one-of-a-kind experience. The beautiful and romantic flower gardens, the vivid illuminations, the original Pantomime Theatre from 1874, the blend of past and present - all come together to create a uniquely pleasurable atmosphere you won't find anywhere else.

The Little Mermaid

The enchanting statue of the Little Mermaid provides a gentle contrast to the monumental Opera House on the opposite side of the harbour. A gift from Carl Jacobsen to the city of Copenhagen, this bronze statue was unveiled at the Langelinie Harbourfront Promenade back in 1913.

Nyhavn

Den Nye Havn, 'the New Haven', was originally a busy commercial port where ships from all over the world would dock. The area teemed with sailors, ladies of pleasure, pubs and alehouses. 'Den Nye Havn' eventually changed its name to 'Nyhavn' ('Newhaven'), and gradually the beautiful old slanted houses were renovated and classy restaurants started popping up. Hans Christian Andersen used to live at no. 20. This is where he wrote the fairy-tales 'the Tinder-Box', 'Little Claus and Big Claus', and 'the Princess and the Pea'.



Call for abstracts

Abstract submission deadline 15 December 2012

The Organising and Scientific Committee invite all those involved in any aspect of contraception, sexual and reproductive health care to actively participate by submitting abstracts, either for oral or poster presentation. All abstracts will be evaluated and those accepted will be published in a Supplement of the European Journal of Contraception and Reproductive Health Care. As only a limited number of oral communications can be accepted, authors are asked to indicate on their form whether they wish their abstract to be considered ONLY for oral or poster presentation or for either option.

Topics for Free Communications and Posters

Authors must select one topic from the list which best describes the content of their submitted abstract:

- Demography and contraception (incl. environment)
- Adolescent sexual reproductive health care
- Preconceptional care (incl. fertility)
- Contraception and bleeding
- Socio-cultural influences (culture, media, religion ..)

- Contraception in different phases of reproductive life
- Contraceptive, sexual and RH care for all
- RHC with limited resources
- New developments and future of contraceptive technology (incl research)
- Contraception and cancer
- Contraception and HIV
- Contraception and Medical Conditions
- Contraception and STI including double protection
- Prevention of unsafe Abortion - a global challenge
- Family planning programmes around the world
- Sexual pleasure and sexual health
- Role of gender (incl sexual behaviour)
- How to provide contraceptive counselling

Procedure and general policy

- Original scientific material is welcome and should not have been previously published.
- Abstracts presented at local, regional or national meetings may be submitted.
- Abstracts must reach the online system not later than 15 December 2012. Receipt of the abstract will be confirmed.
- Any person submitting an abstract can only be the first author for two abstracts.

- Authors will need to indicate their preference on the online form: oral communication only, poster only, either oral or poster.
- Authors who wish their abstract to be considered for the best free communication or best poster award or/and for presentation during the Young Scientist session, should indicate this on the online submission form.
- Abstracts will be evaluated (blind) by at least two referees.
- Confirmation of acceptance or rejection by the Scientific Committee will be mailed to the author. Detailed practical information regarding the presentation will be included in the confirmation.
- Accepted abstracts will be published in the Book of Abstracts of the Congress, Supplement of the European Journal of Contraception and Reproductive Health Care.
- Authors are urged, if not native English speakers, to have their abstract read and corrected by someone mastering that language. The writing style of the abstract will be checked by the publisher and the necessary amendments made. In view of the deadline for publication, it will not be possible to submit the aforementioned amendments to authors' approval.
- Presenting authors, whose abstracts are accepted for presentation, must register for the congress and pay the (early) registration fee. In the case of 'no show' at the time of the congress, the author may be blacklisted for the next congress.

How to submit an abstract?

1. Abstracts can only be submitted electronically through the online system at:
<http://www.escrh.eu/events/esc-events/2013>
Hard copy abstracts (sent by fax, email or post) will NOT be considered.
2. As a first step, you need to register as a first time user. The system will ask you to enter your name and contact details and to create a personal password.
3. Log in to the submission system. To log in, enter your email address and the password you chose when you first registered with the system (see 2).
4. When you click the “log in” button you will be taken to a screen from which the submission process starts. Please read the instructions on this screen carefully. If you have not yet submitted an abstract to the system you should click the link that says “Click here to submit a new abstract”.
5. Should you want to submit several abstracts, you have to login each time you want to submit an abstract.
6. Please contact the administrator by email (congress@escrh.eu) if you have any problem with this process.

Typing and other instructions

- Abstracts must be written in English.
- The abstract must fit into the abstract frame (max. 400 words).
- Type the title of the abstract in the first textbox.

- Do not enter names of authors or affiliations in the abstract template as your abstract needs to remain unidentified (blinded) to the reviewers. As you will need to enter this information elsewhere online, the system will make the correct link between your name etc. and your abstract.
- Preferably do not include references.
- The text of the abstract should briefly state:
 - o Objective(s): indicate the purpose of the study or the hypothesis that was tested.
 - o Design & Methods: include the setting for the study, the subjects (number and type), the diagnosis or intervention, and statistical analysis.
 - o Results: present as clearly as possible the outcome of the study and statistical significance if appropriate.
 - o Conclusions: briefly discuss the data and emphasise the significance of the results.
- Type the text of the abstract using the full width of the document.
- Avoid the use of symbols.
- Standard abbreviations are accepted in the text. Unusual ones should be in brackets after the word first appears. Do not use abbreviations in the title.
- Please ensure that your abstract does not contain any errors in spelling, grammar or scientific facts.
- You will be asked to declare any conflict of interest.

Still have questions? Contact: congress@escrh.eu



Awards

A Young Scientist session will provide a special platform for oral presentations by young scientists (below 35 years of age). Each presenter in this session will compete for the ESC Young Scientist Award. Abstracts submitted for the Young Scientist session must be written and presented by a first author who is less than 35 years old on 22 May 2013. Authors, who wish to be included in this session, should indicate this on the online abstract form.

The Best Poster Award, the Best Free Communication Award, the Young Scientist Award, the Public Poster Award and the 'Award for the best abstract representing global excellence' will be awarded during the Closing Ceremony.



Hotel Accommodation

Accommodation & tours Reservation Agency:

ICS A/S - International Conference Services

P.O. Box 41 - Strandvejen 171, DK-2900 Hellerup, Copenhagen, Denmark

Tel: +45 39 46 05 00 - Fax: +45 39 46 05 15

E-mail: reservations@ics.dk

Website: www.ics-online.com

For hotel & tours reservations you can contact ICS. ICS has made special price arrangements during the ESC conference with hotels in Copenhagen. We strongly advise you to book your hotel as soon as possible to guarantee a room in a hotel of your preference.



Registrations

Participants are encouraged to register through the online system, available at:

<http://www.esrh.eu/events/esc-events/2013>

Please contact the congress secretariat (congress@esrh.eu) for group registrations.



**H.R.H. Crown Princess Mary
Patroness of the Congress**



Nordic Federation of Obstetrics and Gynecology (NFOG)



Danish Society of Obstetrics and Gynecology (DSOG)